

# Community Free Clinic

## 2009 Review

*When you have health insurance it is hard to imagine not going to the doctor when you are ill or injured... not filling prescriptions to lower your blood pressure... not getting a mammogram for that lump in your breast... not testing your blood sugar because the strips just cost too much.*

*Low-income people with disease(s) live very stressful lives, which only escalates their conditions. Poverty imposes pressures and choices we cannot even imagine.*

## Patient Statistics

Total Patient Visits in 2009 .....3,801

### Patient Profile

Age (18 to 65 years of age) ..... 99%  
Employment..... 53% Employed..... 47% Unemployed  
Gender..... 58% Female..... 42% Male  
Marital Status..... 34% Married..... 66% Single

Total Direct Expenses .....\$391,548

## Value of Services Donated

88 Volunteers donating 1,837 hours .....\$101,275  
Lab Tests .....\$51,882  
X-rays .....\$34,509  
229 Specialist Referrals .....\$34,350  
Emergent Dental Visits (Dental Clinics North) .....\$5,001  
Emergent Specialty Dental Care.....\$6,715  
Medications.....\$835,445  
Special Services: Education, Physical Therapy,  
Pulmonary Testing, etc.....\$10,513  
Diabetic Supplies:  
Monitors, Strips, Syringes, Lancets, etc: .....\$11,857  
Diabetic Eye Screenings (on-site).....\$6,750  
24 patients received vision exams and glasses .....\$2,598+  
*Plus various other donations such as splints, food,  
water cooler, flowers for our patients, etc.*

Total Value of Services .....\$1,100,895+

### Special Thanks to the Following Contributors:

Northern Michigan Regional Hospital.....\$246,450  
Northern Michigan Regional Hospital Foundation Donors  
and Other Benefactors.....\$145,080

*The importance of the safety net provided by the Community Free Clinic cannot be overstated – lives are saved and catastrophic, expensive emergency care is avoided. What keeps us going and supports our passion for this mission is the generosity and warm support of our benefactors. Together, our donors and volunteers represent a strong partnership dedicated to helping those who have no other advocate.*



## The Need Is A REALITY...

Joan had always been in good health on no medications until the day she noticed some numbness in her face, slurred speech, and vision problems. This 50 year-old employed woman became alarmed and, fortunately, took herself to the Emergency Department. Several days later she was discharged from Northern Michigan Regional Hospital with multiple diagnoses...a hemorrhagic stroke, blocked carotid arteries, coronary heart disease, hypertension, new-onset diabetes, and elevated cholesterol. When she ran out of the sample medications given to her at discharge she did not have the money to fill her nine prescriptions. Because she had no health insurance she was unable to make an appointment with a physician for follow-up care, nor could she buy the supplies necessary for diabetes testing and control. Suddenly, all the stabilizing components supporting her recovery were gone. Several days later she found her way to the Community Free Clinic. There she found compassion, care, and hope. Today she is doing well, supported by a plan of care, medications, diabetic supplies, lab tests, and on-going case management. She was able to resume her place in the community and return to work, confident of continued healthcare support.

Without access to the Community Free Clinic, her outcome would have been tragically different. Her condition would have unquestionably deteriorated and her symptoms would have become unbearable – prompting another visit to the Hospital. This cycle of untreated illness, admission to the Hospital, discharge, and then further deterioration would be repeated over and over again.

**Community**   
**FREE CLINIC**

AFFILIATED WITH  
NORTHERN MICHIGAN REGIONAL HOSPITAL

NEW LOCATION  
416 Connable Avenue  
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